Safeguarding and child protection: the essentials, 2022/23

# Introduction

The name of this course is safeguarding and child protection: the essentials.

Learn how to safeguard and promote the welfare of children in your school or college.

It’s been produced by The Key Safeguarding, in partnership with One Education.

# Meet Liz

Liz is your coach.

She’s a designated safeguarding lead (DSL) and will give you advice throughout this course. Liz will also give you hints and reminders when you’re putting your learning into practice.

# What you’ll learn

By the end of this course, you will know:

* What safeguarding is, why it’s important, and what your responsibilities are
* Everything you need to about the 4 main types of abuse and the safeguarding issues to be alert to now
* How to spot the signs that a child might be suffering abuse, or at risk of it
* What to do if you have any concerns about a child or a child tells you about abuse
* How to report any safeguarding concerns – about a child, an adult, or practice in your setting

You’ll finish with a short assessment to test your knowledge and put your learning into practice. The course and assessment are likely to take you approximately 90 minutes.

# Important documents

This course is based on 2 important pieces of safeguarding guidance that you may already be familiar with:

1. [Keeping Children Safe in Education](https://www.gov.uk/government/publications/keeping-children-safe-in-education--2)
2. [Working Together to Safeguard Children](https://www.gov.uk/government/publications/working-together-to-safeguard-children--2)

# What changes to Keeping Children Safe in Education mean for you

**Keeping Children Safe in Education** is safeguarding guidance that schools and colleges must pay attention to. It is published by the Department for Education and updated regularly.

There have been some changes to the guidance this year. These changes are fairly minimal but do matter, and you need to be aware of them.

We’ll highlight where something is **new for 2022/23** during this course.

# Look after yourself

Child protection is a difficult topic, and you might find some of the content in this  
course upsetting.

Seek support from your DSL (or deputy DSL) if you need it.

You can also access free, confidential support, 24/7, from:

* Education Support (call 08000 562 561)
* Samaritans (call 116 123)

You’ve made a great start! Now we’ve finished the introduction, let’s dive straight into the course.

Next, we’ll visit our first chapter: What is safeguarding and why is it so important?