

School leaders across the country have told us that safeguarding concerns are growing, and pastoral support is more important than ever. We want you to have the time to support your pupils, rather than struggle with heavy admin and workload that can so often get in the way.

Our INSET pack has been designed to free-up your time and give you peace of mind. It includes all the essential, high-quality resources you need to train your staff and get safeguarding right in your school. You can, of course, adapt them to suit your specific needs. Subscribe to The Key for School Leaders to access these resources in full, so that you can spend more time with those pupils who need your time most today.



A handwritten signature in black ink that reads "Fergal Roche". Below the signature is a long, horizontal, slightly curved line.

Fergal Roche,  
CEO The Key

A woman with long blonde hair, wearing a blue shirt and a watch, is sitting at a desk and writing in a spiral notebook. The background is slightly blurred, showing an office or classroom setting. The image is overlaid with a blue gradient on the left side where the text is located.

**Safeguarding  
Training Centre** from  
The Key

In partnership with

**OneEducation**  
Putting children first

# Safeguarding and child protection

## The essentials: part 1

# Why is safeguarding important?



Click to  
play video 1



[napac.org.uk](https://napac.org.uk)

# Signs and indicators of abuse



**Look at the area of abuse you have been given.**

What might be the **physical** signs and indicators of this type of abuse?

What might be the **behavioural** signs and indicators of this type of abuse?



# What if I have a concern?



**FACILITATOR  
NOTE:**

*It is advised  
you amend  
this slide to  
reflect your  
school's policy*

(where appropriate)